

SOME OF COMMUNITY AS FAMILY'S DISCUSSIONS & EXPLORATIONS

- Create an A-Team of trusted friends and professionals
- Car services like Uber, Lyft, Via, etc.
- Critical documents – what they are, where they are kept, who has access to them?
- Current NYC attractions and events worth visiting
- Dating services for older people
- Developing a non-family community (neighbors, friends, colleagues, professionals, volunteering, hobbies, classes, social media)
- Digital Estate Plans, how to create one, why you need one
- DOROT social workers
- Durable Power of Attorney
- Elder community and advocacy in the news, here and overseas
- Emergency situations (natural, man-made, technical) and how to prepare for and cope during them
- Financial fraud/abuse; scams;
- Health Care Proxy/Living Will – who makes health care decisions if you are unable to?
- Home care – private, agency, paid/unpaid
- Hospital Stays - What you need to know before, during and after
- Household Handbook – why everyone needs one
- How to create a closer community within your building or neighborhood
- Improving your Technical Savvy - local resources
- Inter-generational – making friends; activities; what can the temple do to promote?
- Last Will & Testament
- Medical Alert systems (pendants, watches)
- Money Management/bill paying assistance/online bill paying – who pays bills if you are unable to?
- Nursing homes – quality, availability, violations/fines, family council; arbitration clauses in contracts
- Pet care continuity for seniors who are disabled or in hospital
- Planning for natural/man-made/technical emergencies and disasters
- Resources – Federal, State, City, local, online, blogs, shopping, learning
- Security and Safety; the 2 AM Team; Avoiding Fraud and Abuse
- Spiritual support – role of religion, temple, philosophy, etc.
- Urgent Care vs Emergency Room—when to use which
- Vertical Village – how to create one in your apartment house.
- Wallet Card & Fridge Card – why you need one
- Why you need a Digital Estate Plan and a Password Manager