

KNITTED HELMET LINER

Following are the directions for making warm hats that our troops can wear under their helmets.

Materials:

- Size 10 knitting needles
- Dark yarn (black, camouflage, dark brown, dark green, dark gray, navy, charcoal)

Cast on 72 stitches, leaving a 6-inch tail.

Row 1: K2, P2, K2 across ending with P2.

Rows 2-6: Repeat first row.

Row 7: Knit.

Row 8: Purl.

Repeat these last two rows until hat is 8½ inches from the start; end on a finished Purl row.

K2 together across the row.

Purl a row.

K2 together across the row.

Last row: Purl across.

With a separate 14-inch piece of yarn, thread a yarn needle and pull the yarn through the stitches left on the needle and remove the needle. Pull tightly, then sew the seam shut.

ROUND KNITTING METHOD

All the rows above the ribbing are knit, no purl. This method eliminates the back seam, which creates a warmer, more comfortable cap for our troops.

Materials:

- 17-inch circular needle (Size 7)
- Dark yarn (black, camouflage, dark brown, dark green, dark gray, navy, charcoal)

Cast on 72 stitches, leaving a 6-inch tail.

Attach to form circle, first being sure all stitches point straight down on the needle and are not twisted.

Mark beginning of row K2P2 across row ending with P2.

Continue in K2P2 ribbing for Rows 2-6; Row 7 and thereafter, all knit.

Continue until cap length measures 8½ inches from start; end on a finished Purl row.

K2 together across the row.

Knit a row.

K2 together across row.

Knit a row.

Cut a separate 14-inch piece of yarn.

Thread a yarn needle (or use a crochet hook); pull the yarn through the stitches left on the circular needle and remove the circular needle.

Pull ends of yarn tightly; knot and tuck loose ends through several inside stitches. Clip.

Tuck same with loose tail at ribbing.